

# Women's Safety is Everyone's Business



## 6 Things Men can do to **TAKE A STAND** against Sexual Assault and Harassment

**1. BELIEVE** This issue is real. Believe survivors' experiences. Your support will make a difference. Tell them 'it's not your fault'. No one asks for or deserves to be sexually assaulted or harassed.

**2. TRUST YOUR GUT** Don't walk on by if you witness harassment or an assault on the street or anywhere: assess the risk, then intervene and confront or defuse the situation. If you need to, ask for help. Call 911.

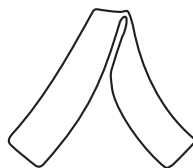
**3. OFFER SUPPORT** Ask if you can help people who have experienced violence and connect them to support services. Help the organizations that support survivors of violence. Contact Assaulted Women's Helpline for resources and support at 1.866.863.0511 or visit [www.awhl.org](http://www.awhl.org).

**4. IT STARTS WITH YOU** Lead by example. Question your own attitudes and behaviours and how they may disrespect or harm women. Sexist language and street harassment all contribute to a culture of violence.

**5. IT STAYS WITH HIM** Be a role model. Talk to your family, friends and co-workers about the roles they can play in ending violence against women. Challenge men and young men in your life to make a difference!

**6. LEARN MORE. GET INVOLVED**  
to get involved and make a difference.

We have all the resources you need



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